

Strive pharmacy-Compounded Semaglutide especially for patients in CA and 31 states
FAQ

1) What doses are available and how much are they?

Strive	How to order	Mg per vial	Use for which dose	Theoretical doses per vial*	Cost per vial*	State
Semaglutide#	2.5 mg/ml - 2 ml vial	5 mg	0.25 mg weekly for 4 weeks, then .5 mg weekly for 4 weeks, then 1 mg weekly for 2 weeks	10	\$299	CA
Semaglutide/Glycine/B12	5mg/5mg/1mg/mL 2 ml vial	10 mg	0.25 mg weekly for 4 weeks, then .5 mg weekly for 4 weeks, then 1 mg weekly for 7 weeks	15	\$299	Out of CA
Tirzepatide/Glycine/B12	10mg/5mg/500mcg/mL 2 ml vial	20 mg	2.5 mg weekly for 4 weeks, then 5 mg weekly for 2 weeks	6	\$299	Out of CA

for CA patients, * Paid to Dr. Friedman, includes shipping

2) Do you pay Dr. Friedman or Strive pharmacy?

Currently you need to pay Dr. Friedman \$299 for all doses via PayPal (there will be a compounded weight loss medicine tab the bottom of his appointments page on goodhormonehealth.com) and email the PayPal receipt, which medication and your state to mail@goodhormonehealth.com. Note on the PayPal it's for Strive. Once payment is received, Dr. Friedman will notify Strive pharmacy to ship to you. Strive pharmacy will confirm your shipping address and you will receive a 5-20 mg vial that typically lasts for 3 months.

3) What states does Strive ship to?

Strive ships to 31 states including CA. For states outside of the 31 states, Dr. Friedman uses Empower compounding pharmacy <https://www.strivepharmacy.com/locations>

4) Is there a shipping charge?

Shipping charges is usually \$30 and are included in the price you pay Dr. Friedman. It is shipped overnight. If ordering from Empower pharmacy, the shipping charge is extra.

5) How long is the vial good for after opening?

USP guidelines suggested a multi-use vial is discarded 28 days after puncture. However, Strive products do maintain a 90 day beyond use date and Dr. Friedman feels comfortable ordering a 90-day supply.

6) What about refills?

Dr. Friedman's office will send out a refill upon receipt of additional PayPal payments

7) Is it commercial semaglutide or compounded?

This Semaglutide that Strive ships to California is pure Semaglutide base, no additives. The product that is intended for California is manufactured from a 503B pharmacy. It does have a

specific NDC number attached to the product. The Semaglutide from their other sterile locations is the Semaglutide Base Powder with glycine and B12 added. It is a compounded product.

8) [Is there quality and purity data?](#)

Strive third party tests each batch of the compounded sterile products before they are dispensed to the patient. They complete random potency tests of various batches throughout the week to ensure the quality and potency remains the same across the board. They have certificates of analysis for our APIs and additional documentation from Eagle Analytical regarding sterility and potency.

9) [What dose does Dr. Friedman recommended?](#)

Inject 0.25 mg subcutaneously once weekly for 4 weeks
then 0.5 mg once weekly for 4 weeks,
then 1 mg once weekly for 4 weeks or longer,
then 1.75 mg once weekly for 7 weeks
then 2.5 mg once weekly thereafter

The dose should be reduced if side effects occur. If appetite suppression occurs at a lower dose, the dose does not need to be increased.

10) [How is Semaglutide administered?](#)

Using an insulin syringe that is supplied.

11) [What is the maximum number of vials allowed?](#)

6 per order

12) [Are there refunds?](#)

Neither Strive nor Dr. Friedman is able to issue refunds or replacements unless due to a 3rd party shipping issue where the package is lost or damaged. Contact Strive if that happens

13) [Can it be used if I have diabetes?](#)

Yes for type 2 diabetes, no for type 1 diabetes.

14) [What are the benefits of Semaglutide?](#)

Decreased appetite and cravings
Weight loss
Improved blood glucose control

15) [What are the Side Effects/Contraindications?](#)

The most common side effects include nausea and constipation. Patients also report acid reflux, stomach pain, vomiting, burping and diarrhea. It should not be used if you or any family members have been diagnosed with Multiple Endocrine Neoplasia Syndrome Type 2 or Medullary thyroid cancer. Other types of thyroid cancer are okay.

16) [Can I use someone else's address?](#)

We do not recommend that.

17) [Can it be shipped to non-US addresses?](#)

Not currently.