

EXCITING NEWS! Dr. Friedman is now approved to offer telemedicine appointments to **NEW** patients in California (who live more than 2 hours away from his Los Angeles office); the initial in-office visit is no longer necessary! You will need to provide Dr. Friedman with a picture ID showing your California address. Established patients from all over the country (and the world!) can take advantage of this opportunity as well. Please click on this link to set your appointment:

www.goodhormonehealth.com/contact_us/contact_us.html.

HOW DOES IT WORK? There are two ways.

1. Do you have an iPhone or can borrow one? You also need to have wifi access. Dr. Friedman can then use the calling option FaceTime on the pad when you answer the phone. You give us your iPhone number and we can set up an appointment, at the prescribed time, using both your iPhones. You will be talking to Dr. Friedman and you will see each other on the screen. If you have a physical sign to show Dr. Friedman (such as stretch marks), you can have your iPhone over that part of the body.
2. Dr. Friedman can use a software program called Webex that easily sets up a meeting between you and Dr. Friedman over your computer. You must have internet access and a built in camera and microphone. The program will send you an email, giving you a link. You click on the link, and it will connect you. You then click on connect via computer. If you have a physical sign to show Dr. Friedman (such as stretch marks), you can have your camera be directed to that part of the body.

TIMES: Wednesday nights, between 5PM and 7PM, PACIFIC TIME (please adjust time for your time zone), Saturday and Sunday nights (contact our office for times)

COSTS: The cost, \$500/hr, will be slightly more than his regular appointment. As with Dr. Friedman's in-office visits in Los Angeles, he requires a deposit for the appointment, payable through his PayPal on his website www.goodhormonehealth.com/contact_us/contact_us.html. Deposit will be \$125 with the balance due at the conclusion of the appointment.

ANY OTHER QUESTIONS? Please email mail@goodhormonehealth.com. You will be asked to sign a consent for the appointment – we will email you the consent once you schedule the appointment. You will be sent a superbill for your appointment with Dr. Friedman, for insurance purposes, after the appointment.