

Thank you for scheduling your appointment with Dr. Friedman. You should receive an email confirmation of your appointment from Acuity Scheduling. If you do not receive it, check your spam box

For more medical information, check out Dr. Friedman's website at www.goodhormonehealth.com.

Dr. Friedman offers his services as an Endocrinology specialist and is happy to diagnose and treat you for your endocrine problems; he does not function as a primary care physician, who you should have for non-Endocrinology issues. Dr. Friedman is busy and does not have "free time". Most of your care with him should be during your current or future appointment time.

Telemedicine

All appointments are now by telemedicine.

Insurance

Dr. Friedman does not take insurance for the appointment, but gives you a superbill for submission to insurance. Laboratory tests are usually covered by insurance. He is not part of any insurance network; he does not process insurance.

Costs

Dr. Friedman charges \$400 for a new patient 40-minute appointment that includes laboratory review, preparing your dictation and sending your dictation. If your appointment goes for substantially less time, he charges less, but remember to take into account his time for doing the dictation. To help patients save money, we tell them to be organized with their thoughts and questions, so as to keep the appointment on time. It is helpful to organize your endocrine laboratories (Dr. Friedman is probably not interested in your "routine" laboratories, such as CBC or electrolytes) on a spreadsheet and upload on your portal a list of your medications, history and symptoms. Make sure you upload your endocrine laboratories (within 2 years) to your portal before your appointment. Looking for them on your phone during the appointment will waste precious time. Upload your pituitary MRI to the Purview portal.

Payment Options

Dr. Friedman now takes PayPal and Square

Deposits Are Always Due for Appointments

Appointments should be made on the appointments tab of www.goodhormonehealth.com. Dr. Friedman asks new patients to pay a refundable (if requested within 6 months) \$100 deposit for an appointment. Payments are secure and via PayPal or Square on the Appointments tab of www.goodhormonehealth.com. Followup appointments require full payment before the appointment. Only use the PayPal link at the bottom of the page to pay for miscellaneous charges as directed by Dr. Friedman's office staff. Please schedule the appointment you want on the **SCHEDULE YOUR APPOINTMENT** section, that will lead you to a separate PayPal page for your appointment.

Deposits are due at the time of the appointment and will be deducted from your consultation fee the night of your appointment. Keep your PayPal receipt.

Deposits are refunded if cancellation is before 48 hours of the appointment time. If you pay your deposit and postpone your appointment and then cancel it, deposits will only be refunded in the first 6 months after the deposit.

Appointment Times

Dr. Friedman only sees patients via telemedicine on Tuesday night. The first appointment is at 5:45 PM, the last is scheduled at 9:30 PM. Most new patients can expect to be seen for 40 minutes. Dr. Friedman sticks to his appointment schedule, but some patients take more time than scheduled and Dr. Friedman tries to give each patient as much time as needed. Do not contact your office if you don't hear from him at the exact time of your appointment.

Followup

The weekend after your appointment, Dr. Friedman will send you a formal dictation of your history, condition and plan. A week and a half later, Dr. Friedman will send you an email of your lab and imaging results, with recommendations.

Dr. Friedman is happy to answer one or two short questions (that can be answered on his smartphone) following your appointment. He is a busy doctor and doesn't have free time, so please schedule a followup appointment if you have additional questions.

Phone and Email Appointments

Phone and e-mail appointments are for established patients only. For phone and email appointments, please get your laboratory tests before the appointment and make sure the labs are sent to Dr. Friedman if they are not drawn using Dr. Friedman's Labcorp or Quest account.

Other doctors

Dr. Friedman is an MD PhD (CV on www.goodhormonehealth.com), does research and sees patients during the day at MLK Outpatient Center. He asks that you use him in concert with a local primary doctor who knows and understands your condition and can assist you on day to day issues. For example, your primary care physician needs to be responsible for calling in your controlled substances including opiates for pain and benzodiazepines for sleep or anxiety as Dr. Friedman does not call them in. You do not need a local Endocrinologist. He is happy to send your dictation and lab results to you to give to other doctors. He believes that health care has changed and that the patient needs to coordinate (be the quarterback) their own care. The days of asking doctors to release information (that already belongs to you) are long gone.

See you Tuesday night!