

The  
**MAGIC** Foundation  
presents:

The 4th Annual Convention  
for Adults with  
Pituitary Disorders

Including: AGHD, Panhypopituitarism,  
Cushing's (NEW!) and More!

**February 20-22, 2009**

*Suncoast Hotel & Casino  
Las Vegas, Nevada*

## General Convention Information

### **Dates:**

February 20 - 22, 2009

### **Location:**

Suncoast Hotel & Casino  
9090 Alta Dr.  
Las Vegas, NV 89145  
877-677-7111

### **All-Inclusive Convention Registration Fee:**

\$185 for members\*

\$220 for non-members\* (includes a 1 year membership)

**\*Registration fee includes Friday reception, Saturday lunch and dinner, and Sunday lunch for one attendee.**

**Additional attendees in your family can choose to pay \$125 each for all-inclusive package above or \$40 for the Saturday group dinner.**

### **Registration fee for educational segments ONLY**

**\$75 each day or \$125 for both days**

***Registration deadline: January 30, 2009 (No refunds after deadline date)***

### **Hotel Room Rates & Reservations:**

**\$120** Friday/Saturday, **\$60** Sunday (tax not included)

To make reservations, contact Suncoast Hotel reservations directly at 866-636-7111 or book online at: [www.suncoastcasino.com](http://www.suncoastcasino.com) - hotel deadline date is January 28, 2009  
For either method of booking you will need the following Group Reservation ID: **9MAGC02**

### **Hotel Transportation:**

Suncoast Hotel offers complimentary airport shuttle service to/from McCarran International Airport. Shuttle departs the airport daily at 7am, 9am, 11am, 3pm, 5pm and 7pm. The Suncoast Hotel also offers complimentary shuttle service to/from the Las Vegas Strip at various times during the day. If you plan to use the airport shuttle, you must make a reservation with Suncoast Reservations before your arrival by calling 877-677-7111. For additional information on shuttle times, or how to reserve a spot on the shuttle, visit Suncoast's website at [www.suncoastcasino.com](http://www.suncoastcasino.com) and click on "Things To Do".

### **Meals:**

*Included with the all-inclusive price above is:*

Friday ~ Hors d' Oeuvres at welcome reception

Saturday & Sunday ~ Deli lunch buffet

Saturday ~ Buffet dinner

### **MAGIC Contact Information**

MAGIC Foundation  
6645 W. North Avenue, Oak Park, IL 60302  
[www.magicfoundation.org](http://www.magicfoundation.org)  
800-3MAGIC3, 708-383-0899 fax

# Presenters



***Cassandra Friedman, Ph.D., LCPC, CADC***  
Adolescent, Adult & Family Psychotherapy  
Certified Addictions Therapist  
Northbrook, Illinois



***Theodore C. Friedman, M.D., Ph.D.***  
Associate Professor of Medicine - UCLA  
Chief, Division of Endocrinology,  
Metabolism & Molecular Medicine  
Charles R. Drew University  
Los Angeles, California



***Mitchell E. Geffner, M.D.***  
Professor of Pediatrics  
Director of Fellowship Training  
Division of Endocrinology/Diabetes/Metabolism  
The Saban Research Institute  
Children's Hospital Los Angeles  
Keck School of Medicine  
University of Southern California  
Los Angeles, California



***Laurence Katznelson, M.D.***  
Associate Professor of Medicine  
Medical Director, Pituitary Center  
Stanford University Medical Center  
Stanford, California



***William Ludlam, M.D., Ph.D.***  
Director, Seattle Pituitary Center  
Neuroscience Institute, Swedish Medical Center  
Seattle, Washington



***Ian E. McCutcheon, M.D.***  
Professor of Neurosurgery  
The Univ. of Texas M.D. Anderson Cancer Center  
Houston, Texas

|                         | <u>Saturday</u>  |
|-------------------------|--|
| <b>9:00 - 10:00 am</b>  | Pituitary Hormone Replacement Therapy:<br>Transition from Adolescence to Adulthood<br><br><i>Mitchell E. Geffner, M.D.</i>   |
| <b>10:00 - 11:00 am</b> | Basics of Pituitary Function and Disorders<br><br><i>Laurence Katznelson, M.D.</i>   |
| <b>11:15 - 12:15 pm</b> | Disease or Dis-Ease?<br><br><i>Cassandra Friedman, Ph.D.</i>   |
| <b>12:15 - 1:30 pm</b>  | LUNCH  |
| <b>1:30 - 2:30pm</b>    | Treating Adult Growth Hormone Deficiency:<br>The Often Overlooked Therapy in Patients with Pituitary Disease<br><br><i>William Ludlam, M.D., Ph.D.</i>   |
| <b>2:45 - 4:00 pm</b>   | Ask the Presenters   |
|                         | <u>Sunday</u>  |
| <b>9:00 - 10:00 am</b>  | An Update of Pituitary Surgery and Radiation Therapy<br><br><i>Laurence Katznelson, M.D.</i>   |
| <b>10:00 - 11:00 am</b> | Stages of Emotions: Combating Depression<br><br><i>Cassandra Friedman, Ph.D.</i>   |
| <b>11:15 - 12:15 pm</b> | Diagnosing Cushing's Syndrome: Not as Easy as it Seems<br><br><i>Theodore C. Friedman, M.D., Ph.D.</i>   |
| <b>12:15 - 1:00 pm</b>  | LUNCH  |
| <b>1:00 - 1:30 pm</b>   | Determining the Type of Cushing's Syndrome: Not as Hard as it Seems<br><br><i>Theodore C. Friedman, M.D., Ph.D.</i>  |
| <b>1:45 - 2:45 pm</b>   | Treating Cushing's Disease with Surgery: Ways of Achieving a Cure<br><br><i>Ian E. McCutcheon, M.D.</i>  |
| <b>2:45 - 3:45 pm</b>   | So You Had Your Surgery - Now What?<br><br><i>Theodore C. Friedman, M.D., Ph.D.</i>  |
| <b>4:00 - 5:00 pm</b>   | Beyond Pituitary Surgery: Radiosurgery vs. Adrenalectomy<br>when Cushing's Disease Persists or Recurs (Panel Discussion)<br><br><i>Theodore C. Friedman, M.D., Ph.D.</i><br><i>Ian E. McCutcheon, M.D.</i> |

## Segment Descriptions - Saturday

### Pituitary Hormone Replacement Therapy: Transition from Adolescence to Adulthood

The pituitary gland produces many hormones that control metabolism, growth, fertility, strength, fluid balance, and many other vital bodily functions. A careful age-adjusted strategy of hormone replacement will be discussed.

### Basics of Pituitary Function and Disorders

The pituitary gland produces many hormones, and controls metabolism, growth, fertility, strength, control of fluids, and many other functions. These functions, amongst others, will be reviewed. In addition, an introduction to types of pituitary tumors will be discussed.

### Disease or Dis-Ease

Is it your disease or the dis-ease that you battle? Probably a little of both. Daily, you are faced with the medical management for your disease. There are the endless pills you take, shots you administer, doctor's appointments, questions still unanswered, physical pain you endure and the list goes on. Whether you are 35 and younger or middle aged and older, daily you lug psychological and emotional issues related to your disease. Cassandra "Cass" will discuss the dis-ease that goes along with the disease. In her usual style she will have you laughing one minute and crying the next.

### Treating Adult Growth Hormone Deficiency: The Often Overlooked Therapy in Patients with Pituitary Disease

Dr. Ludlam will discuss the physical and symptomatic features of the adult growth hormone deficiency (AGHD) syndrome and how it adversely impacts a patient's health and quality of life. Dr. Ludlam will also discuss the biochemical tests used for the diagnosis of AGHD and the benefits of treatment.

### Ask the Presenters

Don't miss this great opportunity to have your questions answered.

## Segment Descriptions - Sunday

### An update of Pituitary Surgery and Radiation Therapy

There are several techniques involved in pituitary surgery, including use of the endoscope. These procedures will be reviewed. Also, there are multiple types of radiation options, including gamma knife, cyber knife, proton beam, and conventional radiotherapy. The uses, benefits and concerns of each of these modalities will be discussed.

### Stages of Emotions: Combating Depression

Cassandra Friedman will discuss the stages of emotions - frustration, anxiety and anger that if not dealt with properly will lead to depression. "Cass" will also discuss medications prescribed for anxiety and depression as well as other coping mechanisms to offset anxiety and depression. Per her usual style Cass will encourage audience interaction.

### Diagnosing Cushing's Syndrome: Not As Easy as it Seems

Dr. Friedman will discuss the clinical signs and symptoms of hypercortisolism with special emphasis on clinical symptoms of patients with more mild Cushing's syndrome. He will talk about tests to diagnosis Cushing's syndrome and discuss the problems of diagnosis in patients with periodic Cushing's syndrome. He will discuss pitfalls of standard tests and explain when to test and how to tell if you are "high". He will discuss the importance of imaging.

# Segment Descriptions - Sunday

## Determining the Type of Cushing's Syndrome: Not as Hard as it Seems

Dr. Friedman will discuss how to determine the type of Cushing's syndrome (pituitary, adrenal or ectopic). He will talk about the need for petrosal sinus sampling.

## Treating Cushing's Disease with Surgery: Ways of Achieving a Cure

Dr. McCutcheon will discuss the ways of treating Cushing's disease from the surgical perspective, including the different ways of getting to the pituitary, the chances of success, and the potential complications. In addition, special nuances and pitfalls of surgery in Cushing's (as opposed to other types of pituitary tumor) will be addressed.

## So You Had Your Surgery ~ Now What?

Dr. Friedman will talk about how to tell if you are cured, what to expect post-operatively and how to replace cortisol. He will also discuss how to determine if other pituitary hormones were damaged during surgery and how to replace those hormones. He will also comment on what to do if you are not cured.

## Beyond Pituitary Surgery: Radiosurgery vs. Adrenalectomy when Cushing's Disease Persists or Recurs (panel discussion)

Dr. McCutcheon and Dr. Friedman will discuss what the options are when pituitary surgery fails to achieve a cure, or when cure gives way to recurrence of the disease. Radiosurgery is focused radiation delivered to a pituitary target. Adrenalectomy eliminates the source of excess hormone, but doesn't eliminate the pituitary tumor. They will offer a rational approach to the difficult dilemmas that recurrent Cushing's presents.

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## Schedule of Events

### Friday

6 pm - 10 pm in Ballroom C

★ Registration and Welcome Reception

Join MAGIC in Ballroom C to both register for the convention and attend a welcome reception. Hors d' Oeuvres and beverages will be served. Spend some time getting to know the other attendees.

### Saturday

8:30 am - 9:00 am - Registration

9:00 am - 4:00 pm - Educational Segments (Ballroom B)

12:15 pm - 1:30 pm - Lunch

6:00 pm - Group dinner (Ballroom B & C)

### Sunday

8:30 am - 9:00 am - Registration

9:00 am - 5:00 pm - Educational Segments (Ballroom B)

12:15 pm - 1:00 pm - Lunch

## Registration Form

Name (Affected Adult) \_\_\_\_\_

Names of Other Adults Attending \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Disorder \_\_\_\_\_ Your Endocrinologist \_\_\_\_\_

### Please answer the following questions:

The MAGIC Foundation will be taking pictures at the convention to be used in our scrapbooks, website, and other publications. Do we have permission to use your picture for these purposes?

Yes \_\_\_\_\_ No \_\_\_\_\_

MAGIC will provide a list of participants for further networking after the conclusion of the convention.

Do you want your contact information included? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you interested in sharing a room with another attendee\*? Yes \_\_\_\_\_ No \_\_\_\_\_

\* MAGIC will contact you with information on others interested in sharing

|  | <u>Total # Attending</u>   | <u>Cost</u>          |
|--|----------------------------|----------------------|
| <b>All-Inclusive Registration</b><br>\$185 current members/\$220 non-members (1st person)<br>Additional attendees @ \$125 each | <u>1</u><br>_____<br>_____ | \$ _____<br>\$ _____ |
| <b>Saturday Group Dinner Only- additional guest \$40</b>   | _____                      | \$ _____             |
| <b>Educational Segments Only Registration</b><br>\$75 each day or \$125 for both days  | _____                      | \$ _____             |
| <b><u>TOTAL AMOUNT ENCLOSED:</u></b>   |                            | \$ _____             |

If paying by credit card, please complete: Visa \_\_\_\_ MC \_\_\_\_ Discover \_\_\_\_

Number \_\_\_\_\_

Exp. \_\_\_\_\_ Name on card \_\_\_\_\_

Signature: \_\_\_\_\_ Amount: \$ \_\_\_\_\_

Mail or fax registration form by January 30, 2009, along with payment to:  
 MAGIC Foundation, 6645 W. North Ave., Oak Park, IL 60302  
 800-3MAGIC3, 708-383-0899 fax



The **MAGIC** Foundation  
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Oak Park, IL 60302

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[www.magicfoundation.org](http://www.magicfoundation.org)

The **MAGIC** Foundation would like to thank our sponsors for their continued support. This year we will have an opportunity to take a look at the latest in treatment choices for adults with pituitary dysfunctions. This will provide critical information and help you choose the right hormone treatment for you.

Remember **YOU DO**  
have a **CHOICE!**